

# Nemo Vista Schools April 2<sup>nd</sup> -6<sup>th</sup>

### BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

| Monday            | Tuesday         | Wednesday       | Thursday        | Friday          |
|-------------------|-----------------|-----------------|-----------------|-----------------|
| Sausage & Biscuit | Waffle Sticks   | Breakfast Pizza | Sausage Gravy   | Breakfast Bar   |
| Or                | Ham             | Or              | Biscuit         | Or              |
| Cereal            | Or              | Cereal          | Or              | Cereal          |
| Graham Crackers   | Cereal          | Graham Crackers | Cereal          | Graham Crackers |
|                   | Graham Crackers |                 | Graham Crackers |                 |
|                   |                 |                 |                 |                 |

### LUNCH is served with Fruit and Skim or 1% Milk

| Monday                | Tuesday          | Wednesday              | Thursday            | Friday           |
|-----------------------|------------------|------------------------|---------------------|------------------|
| Chicken Fried Chicken | Corn Dog         | Cheeseburger           | Elementary-Hot Dog  | Nacho Supreme    |
| Gravy                 | Salad/Ranch      | Lettuce/Tomato/Pickles | MS & HS- BBQ        | Shredded Lettuce |
| Creamed Potatoes      | Purple Hull Peas | Baked Beans            | Carrot Sticks/Ranch | Diced Tomatoes   |
| Green Beans           | Fresh Fruit      | French Fries           | Corn                | Pinto Beans      |
| Roll                  |                  | Fresh Fruit            | Baked Chips         | Fresh Salsa      |
|                       |                  |                        | Fresh Fruit         | Fruit            |
|                       |                  |                        |                     |                  |

All grains are whole grain rich.

Menu is subject to change due to availability.

**"USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER"** 



### Nemo Vista Schools April 9<sup>th</sup> - 13<sup>th</sup>

### BREAKFAST is served with 100% Fruit, Skim or 1% Milk

| Monday                           | Tuesday                              | Wednesday              | Thursday               | Friday                |
|----------------------------------|--------------------------------------|------------------------|------------------------|-----------------------|
| Sausage & Biscuit                | Pancakes                             | Breakfast Pizza        | Scrambled Eggs         | Sausage Roll          |
|                                  | Ham                                  | Or                     | Toast/Jelly            | Or                    |
| Or                               | Or                                   | Cereal                 | Or                     | Cereal                |
| Cereal                           | Cereal                               | Graham Crackers        | Cereal                 | Graham Crackers       |
| Graham Crackers                  | Graham Crackers                      |                        | Toast/Jelly            |                       |
| LUNCH is served with H<br>Monday | Fruit and Skim or 1% Mill<br>Tuesday | k<br>Wednesday         | Thursday               | Friday                |
| Chicken Strips                   | Pizza                                | Hamburger              | Chicken Sandwich       | Taco Salad            |
| Creamed Potatoes                 | Tossed Salad/Ranch                   | Lettuce/Tomato/Pickles | Lettuce/Tomato/Pickles | Shredded Lettuce      |
| Green Beans                      | Corn                                 | French Fries           | Baked Beans            | <b>Diced</b> Tomatoes |
| Roll                             | Fresh Fruit                          | Cowboy Cookie          | Chips                  | Pinto Beans           |
| 1                                |                                      | 1                      |                        |                       |
| Fruit                            |                                      | Fruit                  | Fresh Fruit            | Fresh Salsa           |

All grains are whole grain rich.

Menu is subject to change due to availability.

"USDA is and equal opportunity employer and provider."



# Nemo Vista Schools April 16<sup>th</sup> – 20<sup>th</sup>

Fruit

#### BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Fruit

| Monday               | Tuesday                   | Wednesday              | Thursday             | Friday         |
|----------------------|---------------------------|------------------------|----------------------|----------------|
| Sausage & Biscuit    | French Toast Sticks       | Breakfast Pizza        | Sausage Gravy        | Breakfast Bar  |
| Or                   | Ham                       | Or                     | Biscuit              | Toast          |
| Cereal               | Or                        | Cereal                 | Or                   | Or             |
| Graham Crackers      | Cereal                    | Graham Crackers        | Cereal               | Cereal         |
|                      | Graham Crackers           |                        | Graham Crackers      | Toast          |
|                      |                           |                        |                      |                |
| LUNCH is served with | Fruit and Skim or 1% Mill | Ϋ́                     |                      |                |
| Monday               | Tuesday                   | Wednesday              | Thursday             | Friday         |
| Chicken Nuggets      | Spaghetti-w-Meat Sauce    | Cheeseburger           | Chicken Fajita Salad | Hot Dog        |
| Creamed Potatoes     | Cheese Wedge              | Lettuce/Pickles/Tomato | Shredded Lettuce     | Chili & Cheese |
| Green Beans          | Purple Hull Peas          | Batter Bites           | Diced Tomatoes       | Baked Beans    |
| Roll                 | Baby Carrots/Dip          | Fresh Fruit            | Pinto Beans          | French Fries   |
| Fruit                | Bread Stick               |                        | Fresh Salsa          | Fresh Fruit    |

All grains are whole grain rich.

Menu is subject to change due to availability.

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## Nemo Vista Schools April 23<sup>rd</sup> – 27<sup>th</sup>

### BREAKFAST is served with 100% Juice, Fruit, Skim or 1% Milk

| Monday            | Tuesday         | Wednesday       | Thursday        | Friday          |
|-------------------|-----------------|-----------------|-----------------|-----------------|
| Sausage & Biscuit | Waffle Sticks   | Breakfast Pizza | Sausage Roll    | Scrambled Eggs  |
| Or                | Ham             | Or              | Or              | Toast           |
| Cereal            | Or              | Cereal          | Cereal          |                 |
| Graham Crackers   | Cereal          | Graham Crackers | Graham Crackers | Or              |
|                   | Graham Crackers |                 |                 | Cereal          |
|                   |                 |                 |                 | Graham Crackers |
|                   |                 |                 |                 |                 |

#### LUNCH is served with Fruit and Skim or 1% Milk

| Monday                | Tuesday             | Wednesday              | Thursday        | Friday           |
|-----------------------|---------------------|------------------------|-----------------|------------------|
| Chicken Fried Chicken | Elementary-Corn Dog | Hamburger              | Frito Chili Pie | Nacho Supreme    |
| Gravy                 | MS & HS-Burrito     | Lettuce/Tomato/Pickles | Pinto Beans     | Shredded Lettuce |
| Creamed Potatoes      | Salad/Ranch         | French Fries           | Corn            | Diced Tomatoes   |
| Green Beans           | Purple Hull Peas    | Baked Beans            | Fresh Fruit     | Refried Beans    |
| Roll                  | Fresh Fruit         | Fresh Fruit            |                 | Fresh Salsa      |
| Fruit                 |                     |                        |                 | Fruit            |

All grains are whole grain rich.

Menu is subject to change due to availability.

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# Nemo Vista Schools April 30<sup>th</sup> - May 4<sup>th</sup>

### BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

| Monday            | Tuesday         | Wednesday       | Thursday        | Friday        |
|-------------------|-----------------|-----------------|-----------------|---------------|
| Sausage & Biscuit | Pancakes/Syrup  | Breakfast Pizza | Sausage Gravy   | Breakfast Bar |
| Or                | Ham             | Or              | Biscuit         | Toast         |
| Cereal            | Or              | Cereal          | Or              | Or            |
| Graham Crackers   | Cereal          | Graham Crackers | Cereal          | Cereal        |
|                   | Graham Crackers |                 | Graham Crackers | Toast         |
|                   |                 |                 |                 |               |

### LUNCH is served with Skim or 1% Milk

| Monday           | Tuesday                | Wednesday              | Thursday               | Friday           |
|------------------|------------------------|------------------------|------------------------|------------------|
| Chicken Strips   | Pizza                  | Cheeseburger           | Chicken Sandwich       | Taco Salad       |
| Creamed Potatoes | Or                     | Lettuce/Tomato/Pickles | Lettuce/Tomato/Pickles | Lettuce/Tomatoes |
| Green Beans      | Cheese Sticks/Marinara | French Fries           | Baked Beans            | Pinto Beans      |
| Roll             | Salad/Ranch            | Cowboy Cookie          | Chips                  | Fresh Salsa      |
| Fruit            | Corn                   | Fresh Fruit            | Fresh Fruit            | Fruit            |
|                  | Fresh Fruit            |                        |                        |                  |

All grains are whole grain rich.

Menu is subject to change due to availability.

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